

Alcohol Use Disorders Identification Test (AUDIT)

Please answer each question by checking one of the circles in the second column.

Q1	<ul style="list-style-type: none">• Never• Monthly or less• 2-4 times per month• 2-3 times per week• 4+ times per week	How often do you have a drink containing alcohol?
Q2	<ul style="list-style-type: none">• 1 or 2• 3 or 4• 5 or 6• 7 to 9• 10 or more	How many drinks containing alcohol do you have on a typical day when you are drinking?
Q3	<ul style="list-style-type: none">• Never• Less than monthly• Monthly• Weekly• Daily or almost daily	How often do you have six or more drinks on one occasion?
Q4	<ul style="list-style-type: none">• Never• Less than monthly• Monthly• Weekly• Daily or almost daily	How often during the last year have you found that you were not able to stop drinking once you had started?
Q5	<ul style="list-style-type: none">• Never• Less than monthly• Monthly• Weekly• Daily or almost daily	How often in the last year have you failed to do what was normally expected of you because you were drinking?
Q6	<ul style="list-style-type: none">• Never• Less than monthly	How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?

	<ul style="list-style-type: none"> • Monthly • Weekly • Daily or almost daily 	
Q7	<ul style="list-style-type: none"> • Never • Less than monthly • Monthly • Weekly • Daily or almost daily 	How often during the last year have you had a feeling of guilt or remorse about drinking?
Q8	<ul style="list-style-type: none"> • Never • Less than monthly • Monthly • Weekly • Daily or almost daily 	How often during the last year have you been unable to remember what happened the night before because you had been drinking?
Q9	<ul style="list-style-type: none"> • No • Yes, but not in the last year • Yes, during the last year 	Have you or someone else been injured as a result of your drinking?
Q10	<ul style="list-style-type: none"> • No • Yes, but not in the last year • Yes, during the last year 	Has a relative, friend, doctor, or other health worker been concerned about your drinking or suggested that you cut down?